



Grief Support Network

P.O. Box 2114  
Shawnee Mission, Kansas 66202

www.griefsupportnetwork.org



## Complicated Grief Treatment Training for Licenced Professionals

Presented by  
**Katherine Shear, MD**

**October 17 and 18, 2019**  
**9:00 - 5:00 PM**

**Village Presbyterian Church**  
**6641 Mission Rd, Prairie Village, KS**

**14 hours CEU's Lunches included**

**\*\*\* Room temperature varies, layered clothing recommended \*\*\***



Dr. Katherine Shear developed Complicated Grief Treatment (CGT) and is a professor of psychiatry at Columbia University, in New York City, where she leads the Center for Complicated Grief.

CGT is a 16-session, evidence-based treatment approach that helps resolve grief complications and facilitates the natural adaptive process. As a result of completing this treatment you will:

- be listed on the Center's website as a Level 2 clinician offering the 16-week treatment model
- receive a PDF manual of the complete program, including handouts for clients
- receive 14 hours CEU's for your license

This two-day workshop will provide a framework for understanding grief and adaptation to loss generally and in relation to complicated grief and will introduce participants to the principles and procedures of complicated grief treatment (CGT).

Workshop content will include screening, diagnosis and assessment of individuals with complicated grief and how to differentiate this condition from major depression and post-traumatic stress disorder. Participants will learn what how to use a grief monitoring diary and how to work with personalized aspirational goals in order to revitalize and strengthen self-regulation in bereaved clients.

Furthermore, participants will learn how to enhance reconnection with significant others, how to listen to the story of the death, how to guide clients in situational revisiting and how to foster continuing bonds to the deceased through memories and imaginal conversation.

# Save the Dates!!